

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2021

## BIRCHWOOD COTTAGES ~ NORTH

					<b>DELAINE S.'S B-DAY</b>	
					New Year's Day	
<p>9:30 am 1-1 Visits</p> <p>10:00 am Church Sing-along Church Viewing</p> <p>11:15 am Stretches/Exercises</p> <p>12:00 pm <b>VIKINGS VS. LIONS</b></p> <p>1:30 pm Arts and Crafts</p> <p>2:30 pm Snack and Hydration</p> <p>3:00 pm Movie Showing</p>	<p>10:00 am 1-1 Visits</p> <p>10:30 am Mind Game Monday</p> <p>11:30 am Stretches/Exercises</p> <p>1:30 pm Snowflake Craft</p> <p>2:30 pm Snack and Hydration</p> <p>3:30 pm Birchwood Mockingbird Practice</p> <p>4:00 pm 1-1 Visits</p>	<p>9:30 am 1-1 Visits</p> <p>10:00 am Music Therapy</p> <p>11:30 am Stretches/Exercises</p> <p>1:30 pm Game Social</p> <p>2:30 pm Snack and Hydration</p> <p>3:30 pm Bingo</p> <p>4:30 pm 1-1 Visits</p>	<p>10:00 am 1-1 Visits</p> <p>10:30 am Penguin Craft</p> <p>11:30 am Stretches/Exercises</p> <p>1:00 pm Cards and Dominoes</p> <p>Singing with Susie</p> <p>2:30 pm Snack and Hydration</p> <p>3:30 pm Karaoke Social</p>	<p>10:00 am 1-1 Visits</p> <p>10:30 am Coffee Social</p> <p>Manicures</p> <p>11:00 am Walking Club</p> <p>2:00 pm Church Service</p> <p>2:30 pm Fresh Fruit Snack</p> <p>3:30 pm Bingo</p>	<p>10:00 am 1-1 Visits</p> <p>10:30 am Wheel of Fortune</p> <p>11:30 am Stretches/Exercises</p> <p>1:30 pm Coloring &amp; Puzzles</p> <p>2:30 pm Cider and Cookies Social</p> <p>3:30 pm Music Hour</p>	<p>10:00 am 1-1 Visits</p> <p>10:30 am Manicures</p> <p>11:00 am Stretches/Exercises</p> <p>1:00 pm Game Social</p> <p>2:30 pm Snack and Hydration</p> <p>3:30 pm Bingo</p> <p>4:30 pm 1-1 Visits</p>
<p>9:30 am 1-1 Visits</p> <p>10:00 am Church Sing-along Church Viewing</p> <p>11:15 am Stretches/Exercises</p> <p>2:30 pm Snack and Hydration</p> <p>3:00 pm Movie Showing</p> <p>4:00 pm 1-1 Visits</p>	<p>10:00 am 1-1 Visits</p> <p>10:30 am Mind Game Monday</p> <p>11:30 am Stretches/Exercises</p> <p>1:30 pm Baking Club – Apple Pie</p> <p>2:30 pm Snack and Hydration</p> <p>3:30 pm Birchwood Mockingbird Practice</p>	<p>9:30 am 1-1 Visits</p> <p>10:00 am Music Therapy</p> <p>11:30 am Stretches/Exercises</p> <p>1:30 pm Game Social</p> <p>2:30 pm Snack and Hydration</p> <p>3:30 pm Bingo</p> <p>4:30 pm 1-1 Visits</p>	<p>10:00 am 1-1 Visits</p> <p>10:30 am Snowy Tree Craft</p> <p>11:30 am Stretches/Exercises</p> <p>1:00 pm Cards and Dominoes</p> <p>Singing with Susie</p> <p>2:30 pm Snack and Hydration</p> <p>3:30 pm Karaoke Social</p>	<p>10:00 am 1-1 Visits</p> <p>10:30 am Coffee Social</p> <p>Manicures</p> <p>11:00 am Walking Club</p> <p>2:00 pm Church Service</p> <p>2:30 pm Fresh Fruit Snack</p> <p>3:30 pm Bingo</p>	<p>10:00 am 1-1 Visits</p> <p>10:30 am Wheel of Fortune</p> <p>11:30 am Stretches/Exercises</p> <p>1:30 pm Coloring &amp; Puzzles</p> <p>2:30 pm Hot Cocoa Social</p> <p>3:30 pm Music Hour</p>	<p>10:00 am 1-1 Visits</p> <p>10:30 am Manicures</p> <p>11:00 am Stretches/Exercises</p> <p>1:00 pm Game Social</p> <p>2:30 pm Snack and Hydration</p> <p>3:30 pm Bingo</p> <p>4:30 pm 1-1 Visits</p>
<p>9:30 am 1-1 Visits</p> <p>10:00 am Church Sing-along Church Viewing</p> <p>11:15 am Stretches/Exercises</p> <p>2:30 pm Snack and Hydration</p> <p>3:00 pm Movie Showing</p> <p>4:00 pm 1-1 Visits</p>	<p>10:00 am 1-1 Visits</p> <p>10:30 am Mind Game Monday</p> <p>11:30 am Stretches/Exercises</p> <p>1:30 pm Puzzles and Games</p> <p>2:30 pm Snack and Hydration</p> <p>3:30 pm Birchwood Mockingbird Practice</p> <p>Martin Luther King Day</p>	<p>9:30 am 1-1 Visits</p> <p>10:00 am Music Therapy</p> <p>11:30 am Stretches/Exercises</p> <p>1:30 pm Game Social</p> <p>2:30 pm Snack and Hydration</p> <p>3:30 pm Bingo</p> <p>4:30 pm 1-1 Visits</p>	<p>10:00 am 1-1 Visits</p> <p>10:30 am Snowman Suncatcher Craft</p> <p>11:30 am Stretches/Exercises</p> <p>1:00 pm Cards and Dominoes</p> <p>Singing with Susie</p> <p>2:30 pm Snack and Hydration</p> <p>3:30 pm Karaoke Social</p>	<p>10:00 am 1-1 Visits</p> <p>10:30 am Coffee Social</p> <p>Manicures</p> <p>11:00 am Walking Club</p> <p>2:00 pm Church Service</p> <p>2:30 pm Fresh Fruit Snack</p> <p>3:30 pm Bingo</p>	<p>10:00 am 1-1 Visits</p> <p>10:30 am Wheel of Fortune</p> <p>11:30 am Stretches/Exercises</p> <p>1:30 pm Coloring &amp; Puzzles</p> <p>2:30 pm Cider and Cookies Social</p> <p>3:30 pm Music Hour</p>	<p>10:00 am 1-1 Visits</p> <p>10:30 am Manicures</p> <p>11:00 am Stretches/Exercises</p> <p>1:00 pm Game Social</p> <p>2:30 pm Snack and Hydration</p> <p>3:30 pm Bingo</p> <p>4:30 pm 1-1 Visits</p>
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\*\*\*\*CALENDAR IS SUBJECT TO CHANGE\*\*\*\*

\*\*\*\*INDIVIDUAL VISITS AVAILABLE UPON REQUEST\*\*\*\*